

# CHILD AND YOUTH SPORT

## Floor Hockey Night at Trico (6-8 yrs)

Shooting...passing...scoring...non-stop action! This class offers basic floor skills for floor and ball hockey. A strong emphasis on teamwork and sportsmanship is highlighted in non-competitive scrimmages. Equipment is provided. Please wear non-marking runners.

**Friday** 4:15 – 5:15pm

January 20 – March 16 (8 classes) (no class Feb 17)

M: \$80 NM: \$100

## Sport Extravaganza (7–10 yrs)

Looking for an active class after school? Engage in a variety of sports with a different sport covered each week including soccer, basketball, floor hockey and more. Bring your runners and your enthusiasm and we'll provide the rest.

**Wednesday** 5:30 – 6:30pm

January 18 – Feb 29 (7 classes)

March 7 – April 25 (7 classes)

(no class March 28)

M: \$71 NM: \$89

## Youth Basketball (9- 12 yrs)

Slam dunk your way to a great time with this learn to play basketball program. Players develop their game through drills in running, passing, dribbling, shooting and non competitive scrimmage. Fitness, skill development, sportsmanship and fun are the focus. Please wear non-marking runners.

**Friday** 5:15 – 6:15pm

January 20 – March 16 (8 classes) (no class Feb 17)

M: \$80 NM: \$100

## Babysitter Safety Course (12+ yrs)

Become a certified babysitter and learn childcare, safety, emergency prevention, and basic first aid skills, as certified by the Canada Safety Council standards. Certifications are issued upon successful completion of the course. Attendance to all classes is mandatory.

**Friday** 6 – 9 pm

**Saturday** 9 – 4pm

Feb 24 and 25

M \$56 NM \$70

