

Please note that **this schedule is for general information only** and shows our “typical” hours. Facility hours change on holidays, during school breaks, for special and unforeseen events. **For an up-to-the-minute facility schedule check our website at www.tricocentre.ca or pick one up at Guest Services.** Schedules for Drop-In Fitness, Arenas (including Adult Shinny, Ladies Shinny, and Leisure Skating) and Drop-In Gym can be found at www.tricocentre.ca or at Guest Services

	Mon	Tue	Wed	Thr	Fri	Sat	Sun
Early Bird Swim Special	6:30–8am		6:30–8am		6:30–8am		
Non-Wave Swim & Waterslide	8 am-4pm	8 am-4pm	8 am-4pm	8am-5pm	8am-1pm	Shared access with lessons & aquacize	
Swim Lessons & Aquasize Only	4–7pm 6:15-7pm	4–7pm 6:15-7pm	4–7pm 6:15-7pm	5–7pm 6:15-7pm		9am-1:00pm	10am-12pm
Public Wave Swim & Waterslide	7–9pm	7–9 pm	7–9 pm	7–9 pm	1–9 pm	1–9 pm	12–6:30 pm
Special Swim Times	Parent & Tot Swim 8am-4pm Last Hour Swim Special 8–9pm	Parent & Tot Swim 8am-4pm Last Hour Swim Special 8–9pm	Parent & Tot Swim 8am-4pm Last Hour Swim Special 8–9pm	Parent & Tot Swim 8am-5pm Last Hour Swim Special 8–9pm	Parent & Tot Swim 8am-1pm Community Swim Night 7–9pm	WOW BALL NIGHT 7-9pm Last Hour Swim Special 8–9pm	Family Fun Swim Night 6:30–8pm
Hot Tub	6:30am–9pm	9:30am–9pm	6:30am–9pm	9:30am–9pm	6:30pm–9pm	9am-9pm	1–8pm
Fitness Centre/ Steam Room	6am– 10pm	6am–10pm	6am–10pm	6am–10pm	6am–10pm	7am–9pm	7am–8pm
Kids Korner	8:30am-3:30pm *5:30-7:30pm	8:30am-3:30pm *5:30-7:30pm	8:30am-3:30pm *5:30-7:30pm	8:30am-3:30pm *5:30-7:30pm	8:30am-3:30pm	*9am-12pm	

* Evening and Saturday childcare must be prebooked by calling 403-278-7542 ext 237

Note: Facility hours are subject to change due to statutory holidays, school breaks and special events. For an up-to-the-minute facility schedule check our website at www.tricocentre.ca or pick one up at Guest Services.

NEW Drop-In Options

Trico Members can drop in for FREE

Non-Members can drop in for a fee (see admissions p 5.)

Parent & Tot Special Friday Pool Playtime (2-6yrs) **Friday** 10 - 11am

Led by our aquatics team, this playtime features educational aquatics themes, presented in a playful environment. \$4 adults, \$1 tots

Drop-In Parent and Tot Gym Playtime (2-6yrs) **Tuesday** 9:30 - 11am

Join our instructors as they facilitate a fun playtime for you and your tot (see p.13.) \$5 adults, \$1 tots

Drop-In Family Gymnastics (walking - 5yrs) **Monday** 10 - 11:30am

Our qualified gymnastics instructor will introduce your children to a variety of gymnastics fundamentals each week (see p. 14.) \$5 parent, \$1 child/per day

Family Leisure Skate Time **Last Sunday of each month** 2:30 - 3:45pm

More than a leisure skate, Family Skate Time features a special activity with different themes each month to make it lots of fun. Skate time is overseen by our Skate Marshall. Leisure Admission Rates

Family Fun Swim Night **First Sunday of each month** 6:30 - 8pm

Join us for special themed nights where aquatic staff members play games and organize fun activities for your family. \$13 per family.

