



WELCOME

Thank you for choosing Trico Centre Day Camps. In order for us to provide your child with the happiest and safest day camp experience, we ask that you to read this handbook thoroughly and ensure all proper preparations are made.

PRE, POST, AND LUNCH CARE

Pre Care is available (7:30-8:30am) and Post Care is available (4:30-5:30pm) . Daily registration is permitted. Free Lunch Care supervision is available for children registered in a full week camp. Children in morning and afternoon half day camps MUST be registered for that day's Lunch Care. Registration for Pre/Post and Lunch Care should be done at the same time as registration for day camps, but can be added prior to camp start date.

SNACKS AND LUNCHES

All day camp participants require a daily snack. All children should bring a juice or water bottle daily (no glass containers please). Children attending full day programs require a self-contained bag lunch. Do not send any peanut or other nut products - nut products will be sent home unopened/uneaten.

We will no longer be having a lunch program.

SWIMMING

Swim/water days are noted on your Confirmation Receipt. Please include a swimsuit and towel on these days. We recommend two towels for campers swimming twice per day.

All participants 3-7 years old must wear a life- jacket in the pool. Please send child with swimsuit under clothing and a change of underwear.

8+ years: are required to demonstrate swimming skills in a swim test conducted by pool staff on the first day. Those who do not successfully complete the swim test are required to wear a lifejacket (provided).



Permission notes to exclude your child from swimming are required. CHILDREN MUST SWIM IF THERE IS NO NOTE. Please talk with your day camp staff about any special circumstances or concerns you have about swimming.

PARTICIPANTS REQUIRING MEDICATION

Medications MUST be brought daily, in their original container, with a label indicating the type of medication, dosage, participant's and physician's names. A medication permission form must be filled out and signed by parents for all medications.

SPECIAL NEEDS PARTICIPANTS

The Trico Centre day camps are open to all children between the ages of 3 and 13 years. Children with disabilities are welcome. If your child requires an Aid during the school year, an Aid will be required during day camps. It is your responsibility to arrange for and provide the Aid.

3-6 YEAR OLD PARTICIPANTS

We do not recommend full day participation for 3-4 year olds, as our camps are very active and there is no rest time. Please make sure all children's belongings and clothing are labeled with the child's name, including snack bags. Children must be fully toilet trained to attend camp programs.

EQUIPMENT REQUIREMENTS

Some camps require participants to provide their own sports equipment. Please check your Confirmation receipt for details.



GEAR

Please send your child(ren) with a manageable backpack containing:

- Swimsuit and towel
- Sunscreen
- Insect repellent
- Water bottle
- Bag lunch & snack
- Rain gear
- Hat
- Plastic bag for wet items
- Proper footwear for activities*
- Socks (for preschoolers)
- Change of clothing and underwear (for preschoolers)



Label all belongings and do not send valuable items. Trico Centre is not responsible for lost or damaged items. We ask that you not send cell phones, or gaming devices. Please apply sunscreen and insect repellent to your child before camp and bring the products (labeled with child's name) to the camp in the event that re-application is necessary.

*Heelies are not permitted

MEETING AND PICK UP AREAS

Pre/Post Care is located in Multi Purpose room #6. Please check our weekly drop off and pick information posted at the main entrance of our building for all other camp locations.

WAIVERS AND ATTACHMENTS

Please check your Confirmation Receipt for all equipment required for your child's camp. Children in camps requiring permission forms will not be permitted to participate unless these forms are handed in. All participants require a Day Camp Participant Information Form for Trico Centre which can be found on our website or in person at Guest Services. These forms must be completed and submitted to Guest Services 1 week before the first day of camp.

QUESTIONS?

Please read your Confirmation Receipt thoroughly and keep it on hand until camp is completed.

For more questions please call us @ (403) 278-7542.

For registration info, call (403) 278-7542 or Walk-in registration at 11150 Bonaventure Drive SE (across from Southcentre Mall.)

For further program information call or visit our website at www.tricocentre.ca



TRICO CENTRE
FOR FAMILY WELLNESS



Summer Daycamp
Handbook
tricocentre.ca