

AQUATICS POLICIES

Deck and Wave Pool

1. Children under the age of 7 must be accompanied within arm's reach by a parent or guardian over the age of 16 years while using all pool facilities, unless the child can swim at Lifesaving 'Swim for Life' Level 3, at the lifeguard's discretion.
2. Remove all outdoor shoes when walking onto the pool deck.
3. No food or beverage allowed on pool deck.
4. All patrons must shower head to toe before entering the pool or hot tub. This is a recommended regulation by the Alberta Health Board.
5. Patrons wishing to enter the water must be wearing proper swimming attire. Cotton thread clothing may not be substituted for swimwear.
6. For your own safety, please do not run on deck, push others into the pool, jump from island to island or deck to island, chew gum, dive or swim near the islands during the waves.
7. Lifeguards are meant to supervise all aquatic activity and assist with any first aid situations. For your safety, observe their directions and obey all rules posted for waterslide, rope, hot tub and steam rooms. Persons not obeying rules or lifeguard directions may be asked to leave without a refund.
8. Persons under the influence of alcohol or other intoxicants will be asked to leave the facility.
9. Spitting, urinating or otherwise polluting the water will not be tolerated in the pool, hot areas or waterslide and offenders will be asked to leave.
10. Floatation devices and toys are permitted at the discretion of the lifeguard.

Hot Tub

1. Children under 10 years of age must be accompanied within arm's reach by a parent or guardian.
2. Maximum allowed stay is 15 minutes.
3. Lifejackets, water wings or other equipment are not permitted in the hot tub.
4. Trico Centre recommends that infants or children under 4 years of age, pregnant women or those with heart or circulatory problems not use the hot tub. We suggest seeking a medical opinion before using the hot tub or steam room.
5. Persons under the influence of alcohol or other intoxicants will not be permitted in the hot tub and will be asked to leave the facility.
6. Washing hair and shaving in any of the hot areas is not permitted.
7. The hot tub is for sitting and relaxation. Do not splash, swim or submerge or allow your child(ren) to do so.
8. Maximum number of swimmers in the hot tub is 14.

Waterslide

1. Please obey the "stop light" which signals your turn. Green means go, red means stop.
2. Wait at the bottom of the stairs for your turn.
3. One rider at a time down the slide. If a child does not meet the height restrictions of a minimum of 4 feet, an adult (16 years+) must accompany the child. Only one child per adult, at a time, on the slide. All riders must ride down the slide feet first, lying on their back. Ride with arms and legs wide for more control.

4. Walk one step at a time on the slide stairs. For safety, parents should hold the child's hand while climbing the stairs. Do not carry children up slide stairs. All sliders must walk up the stairs. Caution – stairs may be slippery.
5. Failure to obey all slide rules will result in slide privileges taken away.
6. Exit the slide trough immediately upon completing your slide turn.
7. Trico Centre is not responsible for any personal injury.

Rope

1. Person must be able to swim 2 widths of the pool using recognized (Level 4) front crawl, and feel comfortable in deep water without the aid of floatation devices. Parents may not be in the water to catch their child.
2. The rope is not for use during the waves.
3. One person at a time on the rope.
4. Swing straight out from the side of the pool.
5. Let go in the middle of the pool. Do not swing toward the wall.
6. Enter water "foot first" only.
7. Climbing and hanging on the rope is not permitted.
8. The rope must be used from the edge only. Do not jump from the edge of the pool to the rope.

Lifejackets and Tubes

1. Tubes must be rented from Guest Services at \$3.00 each (free for members).
2. Patrons must purchase the life jacket rental card at Guest Services and then proceed to give the rental card to a lifeguard. The lifeguard may assist in getting the patron a lifejacket /PFD.
3. Lifejackets are not permitted in the hot tub or on the slide and children wearing a lifejacket must still be supervised and within arm's reach of a parent or guardian.
4. During the waves, tubes must be worn around the waist in the shallow end.
5. Tubes must not be stacked for it can block the lifeguard's visibility.

Other

1. Disposable diapers are not permitted in the pool area. Please see Guest Services for information on the recommended Gabby swim pants.
2. No electronic photographic equipment is permitted in the change room.